

# Coronavirus COVID-19



Coronavirus  
**COVID-19**  
Public Health  
Advice

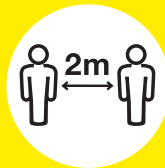
## Social Distancing Outside

Spending time outdoors is good for our health.  
**But social responsibility is essential for  
ALL our health.**



### **Avoid**

close contact  
with others



### **Distance**

yourself at least  
2 metres (6 feet) away  
from other people



### **Small group**

sizes should be kept  
to a minimum



### **Don't arrange**

to meet up with other  
groups



### **Avoid**

an area if it looks  
very busy and go  
somewhere else  
for your walk

### **For Daily Updates Visit**

[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)  
[www.hse.ie](http://www.hse.ie)